

LIABILITY RELEASE

I, the undersigned, on behalf of myself and the minor or minors named below (collectively, the "Participants" and each a "Participant"), as applicable, hereby agree to the following in consideration for the Participants being permitted to participate in the Activities (as defined below):

1. One or more of the Participants are participating in the yoga classes, health programs and/or workshops (collectively, the "Activities") offered by Bend Yoga LLC, a Virginia limited liability company ("Bend") during which they will receive information and instruction about yoga and health. I recognize that some of the Activities, including yoga, require physical exertion that may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved in the Activities. I understand that it is my responsibility to have the Participants consult with a physician prior to and regarding participating in the Activities. I represent and warrant that the Participants are physically fit and have no medical condition(s) that would prevent them from fully participating in the Activities. If I am signing this Release on behalf of minors who are neither my own children nor my legal wards (whether one or more, "Nonfamily Minors"), I represent and warrant that the parents or legal guardians of such Nonfamily Minors are also fully aware of the risks and hazards involved in the Activities.

2. I agree to assume full responsibility for any risks, injuries and damages, known or unknown, which the Participants might incur as a result of participating in the Activities. I, on behalf of the Participants and their heirs and legal representatives, knowingly, voluntarily and expressly agree not to sue, waive any claim, and forever release and discharge Bend, its members, managers, officers and employees (collectively, the "Company") from any claim that the Participants or any person claiming through or on behalf of any Participant may have against the Company for any damages, injuries or death that any Participant may sustain or suffer as a result of participating in the Activities. If I am signing this Release on behalf of Nonfamily Minors, I agree to indemnify, defend, and hold harmless the Company against any and all claims brought by or on behalf of such Nonfamily Minors for damages, injuries, or death sustained or suffered as a result of participating in the Activities.

- *If you/your child has any physical or emotional conditions we should be aware of, please state here:*

3. I declare that I am at least 18 years of age and I have carefully read this Release and fully understand and agree with its contents.

Print Name: _____ Signature: _____

Phone number: _____ Date: _____

Email Address:(used to send receipts, monthly newsletter): _____

Print Name of Minor Participant: _____ D.O.B.: _____

Print Name of Minor Participant: _____ D.O.B.: _____

Print Name of Minor Participant: _____ D.O.B.: _____

How did you hear about us?