

Spiritual Flow Yoga Studio – Studio Waiver

From: Spiritual Flow Yoga Studio <info@spiritualflowyogastudio.com>

Date: December 16, 2017 at 2:51:48 PM EST

To: April Palmer <april@pivotpassport.com>

Subject: Pivot Pass~ Liability Waiver and Insurance paper

Hi April.

Here is the Liability Waiver and cancellation Policy:

~I understand that yoga includes physical movements as well as an opportunity for relaxation, stress reduction and relief of muscular tension. As is the case with any physical activity, the risk of injury, even serious or disabling, is always present and cannot be entirely eliminated. If I experience any pain or discomfort, I will listen to my body, adjust the posture and ask for support from the teacher. I will continue to breathe smoothly. Yoga is not a substitute for medical attention, examination, diagnosis or treatment. Yoga is not recommended and is not safe under certain medical conditions. I affirm that I alone am responsible to decide whether to practice yoga. I hereby agree to irrevocably release and waive any claims that I have now or hereafter or may have, against Spiritual Flow Yoga Studio.

~No exchanges or refunds on single classes or class package purchases. Classes and class packages are non-transferable.

Thank you and have a great day
Sonja

~Namaste~
Spiritual Flow Yoga Studio

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