



Pure Barre is the fastest, most effective way to change your body. Build long, lean muscles and burn fat while gaining some serious results in as little as 10 consecutive classes. **Become addicted: we are the barre expert.**

## personal profile

name: \_\_\_\_\_ email: \_\_\_\_\_  
 address: \_\_\_\_\_ city: \_\_\_\_\_ state: \_\_\_\_\_ zip: \_\_\_\_\_  
 date of birth: \_\_\_\_\_ cell phone: \_\_\_\_\_ would you like to receive text alerts? **Y** **N**  
 carrier (circle one): AT&T Sprint T-Mobile Verizon Other (please list): \_\_\_\_\_  
 emergency contact name: \_\_\_\_\_ relationship: \_\_\_\_\_ phone: \_\_\_\_\_  
 how did you learn about pure barre? if referred by a friend, please identify: \_\_\_\_\_

## let's get to know you

do you have any injuries/health issues? **Y** **N** if yes, please describe: \_\_\_\_\_

expecting a baby? **Y** **N** baby due date: \_\_\_\_\_

bride to be? **Y** **N** wedding date: \_\_\_\_\_

new mom? **Y** **N**

we love & appreciate the communities in which we do business. are you a (check all that apply):

local student  local teacher  
 local medical professional  active military

## what you need to know

### late to class

In order to give the best class experience, **no one will be permitted into the studio once class starts.** If you do not make it, we will help you schedule for another time that day.

### what to wear

For class, wear leggings or capris (below the knee) that you are comfortable in (no shorts) – keep muscles warm to see fast results. Also, wear full coverage sticky socks to retain your body's heat and prevent your feet from sliding... you'll thank us later.

### cancellation policy

We understand, life happens. Due to high demand & waitlists, please honor our **2hr cancellation** policy or you will be charged a \$10 fee for pure barre and \$20 for platform, weekends & 5:30am. We securely store your credit card info to reserve your reservation & for convenient in studio purchases.

## commit to our community

**new  
 client  
 special  
 30 days**

**30 days of unlimited classes for just \$99**

When you challenge yourself and take 8 classes in your first you will get a discount on your next month! Watch your body change one class at a time. Results in just 10 classes!

# exercise instruction and reproduction

Are you currently or were you previously an exercise instructor or trainer of any kind? **Y N**

Are you affiliated with any company, group, establishment or association that is involved in exercise, fitness, athletics, nutrition or any other similar or related field? **Y N** If yes, please identify: \_\_\_\_\_

By signing below, it is agreed: I, nor any company, group, establishment, or association with whom I am affiliated, directly or indirectly, shall not teach or reproduce any of the exercises, movements, class formats, choreography, or music compilations from this Pure Barre studio, its instructors, or from materials associated with this Pure Barre studio. **I understand that any violation of this will be enforced to the maximum extent permitted by law and will include, but not be limited to, injunctive relief, actual damages, consequential damages, court costs and attorney fees.**

## release and indemnity agreement

THIS RELEASE AND INDEMNITY AGREEMENT ("Release") is made by the undersigned adult (the "Participant"), to release and indemnify Barre Midlo, L.L.C d/b/a Pure Barre Midlothian, a Virginia limited liability company, and all of its respective members, employees, affiliates, heirs, successors, agents, contractors, and assigns as set forth below ("singularly and collectively referred to as "the Company").

Participant, on Participant's own behalf and on behalf of the other members of the Participant's family, including Participant's spouse, parents, children, heirs, and assigns, (singularly and collectively referred to as "Participant") hereby grants to the Company this full release and indemnification as consideration in exchange for permitting Participant to participate in the Company's exercise program.

Participant is entering into this Release after having viewed or having the opportunity to view the Company's studio; having reviewed the Company's instructor's qualifications; having had the scope of the services and associated risks explained; and having had an opportunity to ask questions regarding the services and risks associated with this exercise program.

Participant is voluntarily participating in the activity with full knowledge, understanding, and appreciation of the risks inherent in any physical exercise and expressly assumes all risks of injury and even death that could occur by reason of Participant's participation.

Participant releases the Company from any liability and agrees to not sue the Company with respect to any cause of action for bodily injury or property damage sustained by Participant as a result of participating in the exercise program.

Participant hereby assumes full responsibility for risks of bodily injury (including death) or property damage to Participant due to the negligence of the Company and/or any third party, including other persons participating in the exercise program.

Participant agrees to indemnify, defend, and hold harmless, at Participant's sole cost, the Company from any bodily injury claim (including death) and/or property damage claim arising out of Participant's participation in the Company's exercise program.

All personal property brought by Participant to the Company's studio is done so at the sole risk of the Participant with respect to its theft, damage, or loss by the Company or any third party.

Participant expressly agrees that the terms of release and indemnity contained herein are intended to be as broad and inclusive as is permitted by the laws of the State of Virginia. Any specific provision (or portion of a specific provision) of this Release found to be invalid by the courts having jurisdiction shall be invalid only with respect to such specific provision (or portion of such specific provision).

**PARTICIPANT HAS READ AND VOLUNTARILY SIGNS THIS RELEASE AND INDEMNITY AGREEMENT.**

\_\_\_\_\_  
signature

\_\_\_\_\_  
printed name

\_\_\_\_\_  
date

**STAFF USE ONLY:**

**CC ON FILE:**

**MB:**

**PACKAGE PURCHASED:**